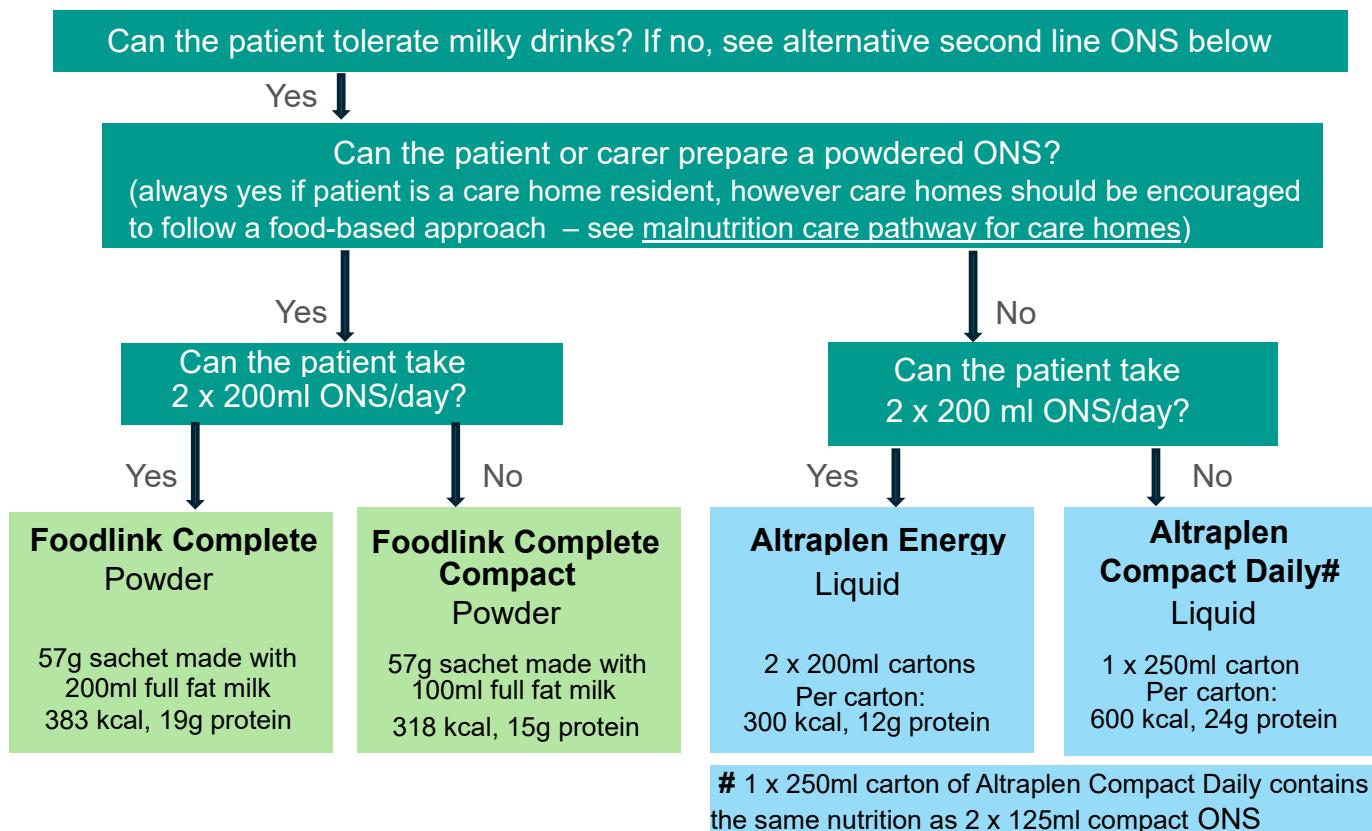


Oral Nutritional Supplement (ONS) formulary flowchart

Prior to prescribing ONS, please follow the **6 steps to appropriate prescribing of ONS** to confirm patient requires ONS, and confirm they meet ACBS indications
Please see the Cornwall Joint Formulary for further guidance and Food First resources



Alternative second line ONS

Patient cannot tolerate milky drinks and can make up a powdered ONS	Aymes ActaSolve Smoothie 66g sachet made with 150ml water, 298kcal, 11g protein Suitable for vegan diets
Patient cannot tolerate milky drinks and cannot make up a powdered ONS	Aymes Actagain Juce 200ml carton, juice style, 300kcal, 10g protein Not suitable for vegan diets

For lactose intolerance, Altraplen Energy and Altraplen Compact Daily are clinically lactose free

Consider prescribing starter packs initially to establish tolerance and flavour preference. Please do not prescribe starter packs long-term. Prescribe no more than 3 different flavours.

Please set a date to review ONS. ONS are not intended for long term use in most cases.

ONS other than those above may be prescribed on dietetic recommendation but should not routinely be initiated in primary care.